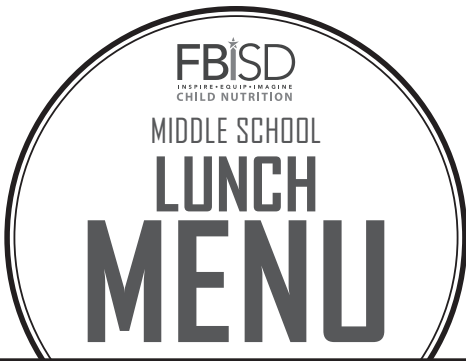


OCTOBER  
2018

Lunch Hours  
10:15 a.m. - 1:00 p.m.

Student Prices  
Daily.....\$2.50  
Daily (Reduced).....\$0.40  
Weekly (Reduced).....\$2.00

Adult Prices  
Daily.....\$3.25



Menu subject to change based on availability.

Assorted items are available at à la carte prices. Kindergarten students may either be served a daily lunch entrée of their choosing (complete with assorted side dishes), or request to be served a Salad Entrée instead (available everyday). Lunch entrée offerings will always include at least one vegetarian option to choose from. Students will be offered milk with their lunch selections. All meals served by Fort Bend ISD are nut cautious and pork-free. Lunch Meal Calories: Minimum 550 calories, Maximum 650 calories. For more information, contact the Fort Bend ISD Child Nutrition Office. Phone: (281) 634-1855 Online: [www.fortbendisd.com/childnutrition](http://www.fortbendisd.com/childnutrition)

This institution is an equal opportunity employer.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

1

Fish Sticks  
with tartar sauce

OR

Hamburger or Cheeseburger  
with fries

The Original Mac & Cheese

served with:  
Whole wheat roll, fries, lettuce cup, fruit of the day, and choice of milk

2

Pepperoni Pizza

OR

Spicy Chicken Sandwich  
with potato wedges

Cheese Pizza

served with:  
Steamed carrots, celery sticks with ranch dressing, fruit of the day, and choice of milk

3

Oven Roasted Chicken  
8 whole wheat roll

OR

BBQ Beef Sandwich  
with fries

Mozzarella Sticks with marinara

served with:  
Mashed potatoes, green beans, lettuce cup, fruit of the day, and choice of milk

4

Cheesy McSteak Sandwich

OR

Spicy Chicken Sandwich  
with potato wedges

Bean & Cheese Burrito

served with:  
Mixed vegetables, carrot sticks, fruit of the day, and choice of milk

5

Chili Dog

OR

Fish Sandwich

Grilled Cheese Sandwich

served with:  
Tater tots, broccoli, baked beans, fruit of the day, and choice of milk

8

LEVEL UP WITH  
Emoji Ice\*

Corn Dog

OR

Hamburger or Cheeseburger  
with fries

The Original Mac & Cheese  
with whole wheat roll

served with:  
Steamed broccoli, seasoned corn, fruit of the day\*, and choice of milk

9

LEVEL UP WITH  
Cool Tropics Slush\*

Chicken Alfredo  
with garlic toast

OR

Spicy Chicken Sandwich  
with potato wedges

Mozzarella Sticks with marinara

served with:  
Seasoned green beans Italian tomato wedges, fruit of the day\*, and choice of milk

10

LEVEL UP WITH  
Sports Ice\*

Popcorn Chicken

OR

BBQ Beef Sandwich  
with fries

Cheese Quesadilla

served with:  
Seasoned rice, refried beans, lettuce cup, fruit of the day\*, and choice of milk

11

LEVEL UP WITH  
Cool Tropics Slush\*

Chicken Spaghetti

OR

Spicy Chicken Sandwich  
with potato wedges

Mini Cheese Raviolis

served with:  
Whole wheat roll, steamed carrots, lettuce cup, fruit of the day\*, and choice of milk

12

LEVEL UP WITH  
Fresh Baked Cookie

Spicy Chicken Sandwich

OR

Fish Sandwich

Grilled Cheese Sandwich

served with:  
Tater tots, mixed vegetables, lettuce cup, fruit of the day, and choice of milk

15

Steak Fingers & Gravy  
with whole wheat roll

OR

Hamburger or Cheeseburger  
with fries

Bean & Cheese Burrito

served with:  
Choice of fries or mashed potatoes, green beans, fruit of the day, and choice of milk

16

Spaghetti & Meat Sauce

OR

Spicy Chicken Sandwich  
with potato wedges

Mini Cheese Raviolis

served with:  
Garlic toast, seasoned corn, Italian tomato wedges, fruit of the day, and choice of milk

17

Chicken Nuggets

OR

BBQ Beef Sandwich  
with fries

Cheese Quesadilla

served with:  
Seasoned rice, broccoli, celery sticks with ranch dressing, fruit of the day, and choice of milk

18

Chili Mac

OR

Spicy Chicken Sandwich  
with potato wedges

The Original Mac & Cheese

served with:  
Cornbread, baked beans, lettuce cup, fruit of the day, and choice of milk

19

Student Holiday

22

Fish Sticks  
with tartar sauce

OR

Hamburger or Cheeseburger  
with fries

The Original Mac & Cheese

served with:  
Whole wheat roll, fries, lettuce cup, fruit of the day, and choice of milk

23

Pepperoni Pizza

OR

Spicy Chicken Sandwich  
with potato wedges

Cheese Pizza

served with:  
Steamed carrots, celery sticks with ranch dressing, fruit of the day, and choice of milk

24

Oven Roasted Chicken  
8 whole wheat roll

OR

BBQ Beef Sandwich  
with fries

Mozzarella Sticks with marinara

served with:  
Mashed potatoes, green beans, lettuce cup, fruit of the day, and choice of milk

25

Cheesy McSteak Sandwich

OR

Spicy Chicken Sandwich  
with potato wedges

Bean & Cheese Burrito

served with:  
Mixed vegetables, carrot sticks, fruit of the day, and choice of milk

26

Chili Dog

OR

Fish Sandwich

Grilled Cheese Sandwich

served with:  
Tater tots, broccoli, baked beans, fruit of the day, and choice of milk

29

Corn Dog

OR

Hamburger or Cheeseburger  
with fries

The Original Mac & Cheese  
with whole wheat roll

served with:  
Steamed broccoli, seasoned corn, fruit of the day, and choice of milk

30

Local Harvest  
Featured Recipe\*

Chicken Alfredo  
with garlic toast

OR

Spicy Chicken Sandwich  
with potato wedges

Mozzarella Sticks with marinara

served with:  
Seasoned green beans\*, Italian tomato wedges, fruit of the day, and choice of milk

31

Happy Halloween!  
Chillin' Bat Ice with every meal

Popcorn Chicken

OR

BBQ Beef Sandwich  
with fries

Cheese Quesadilla

served with:  
Seasoned rice, refried beans, lettuce cup, fruit of the day, and choice of milk

LUNCH MENU GUIDE

- STEP 1 -  
Select an Entrée of the Day  
OR Daily Combo Meal

- STEP 2 -  
View side dishes below  
(made available daily with every meal choice ).

- SALAD OF THE DAY -  
CHEF INSPIRED SALADS  
MONDAY:CHEF  
TUESDAY: SOUTHWEST  
WEDNESDAY: FAJITA CHICKEN  
THURSDAY: SOUTHWEST  
FRIDAY: CHEF